

PSHE & RSE Vocabulary Progression Document

The Horsell Village School



	Reception	Year 1	Year 2
Being Me in my World	Kind Gentle Friend Similar (ity) Different Rights Responsibilities Feelings Angry Happy Excited Nervous Sharing Taking turns	Special Safe Calm Belonging Rights Responsibilities Learning charter Rewards Proud Consequences Upset Disappointed Frustration	Worries Hopes Fears Belonging Rights, Responsibilities, Responsible Actions Praise Reward Consequence Positive Negative Choices Co-Operate, Learning Charter Problem-Solving.
Celebrating Difference	Different Special Proud Friends Kind Same Happy Sad Frightened Angry Family	Similarity Same as Different from Difference Bullying Bullying behaviour Deliberate On purpose Unfair Included Bully Bullied Celebrations Special Unique	Boys, Male Girls, Female Similarities Assumptions Shield Stereotypes Special Differences Bully Purpose Kind, Unkind Feelings, Sad, Lonely, Help, Stand up for Diversity Fairness Kindness Friends Unique Value
Dreams and Goals	Dream Goal Challenge Job Ambition Perseverance Achievement Happy Kind Encourage	Proud Successes Achievement Goal Learning Process Working together Team work Celebrate Challenge Feelings Obstacles Overcome Achieve Dreams Goals	Realistic Proud Success Celebrate Achievement Goal Strength Persevere Challenge Difficult Learning Together Partner Team work Product
Healthy Me	Healthy Exercise Head Shoulders Knees Toes Sleep Wash Clean Stranger Scared Trust	Healthy Unhealthy Balanced Exercise Sleep Choices Clean Body [arts Keeping clean Toiletry items Hygienic Safe Medicines Trust Safe Green cross code Look, listen, wait.	Healthy choices Lifestyle Motivation Relax, Relaxation Tense Calm Healthy, Unhealthy, Dangerous Medicines Safe Body Balanced diet Portion, Proportion Energy Fuel Nutritious.
Relationships	Family Jobs Relationships Friend Lonely	Family Belong Same Different Friends	Family Different Similarities Special Relationship

	<p>Argue Fall-out Words Angry Upset Calm me Breathing</p>	<p>Friendship Qualities Caring Sharing Kind Greeting Touch Feel, feelings Texture Like Dislike Help, Helpful, Community Confidence Praise Self-belief Incredible Proud Celebrate Relationship Special Appreciate</p>	<p>Important Co-operate Touch Physical contact Communication Hugs Like, Dislike Acceptable, Not acceptable Friends Conflict Point of view, Positive problem solving, Secret- Good / worry Surprise Telling, Adult Trust Happy, Sad, Frightened Trust, Trustworthy Honesty Reliability Compliments Celebrate, Appreciate</p>
<p>Changing Me</p>	<p>Body parts: Face Eyes Ears Hands Arms Legs Forehead Mouth Chest Stomach Eye brow Penis Vagina</p>	<p>Changes Life cycle Baby Adulthood Male / female Adult / grown up Penis Testicle Vagina Vulva Anus</p>	<p>Change Grow, Growing up Control Life cycle Baby Adult Old, Young Respect Appearance Physical Baby, Toddler, Child, Teenager, Independent Timeline Freedom Responsibilities Male, Female Vagina, Vulva Penis, Testicles, Anus Public, Private Touch Texture Cuddle, Hug, Squeeze, Like, Dislike, Acceptable, Unacceptable, Comfortable, Uncomfortable, Looking forward Excited Nervous Anxious Happy.</p>